



THE ANCHOR CHAIN NEWSLETTER

LAGUNA NIGUEL WOMAN'S CLUB - FEDERATED



PRESIDENT'S MESSAGE

November–December

As I write my final message as your President for 2023, it has been my honor to serve you for the past 12 months. Why? Because of all of you!

As a member for the past four years and a board member for three years, I have seen the club's growth and many accomplishments. We all may have joined for different reasons, but one theme that is common is we all wanted a sense of community. A community of women, and nothing or no one will change our bond. It's strong. We are a determined group of individuals with diverse vocations, and it was a pleasure to work alongside you. We've had our fair share of ups and downs, but what family doesn't? And that's exactly what we are, a family of sisters bound by a common thread of helping our community.



We set the bar high and each of you rose to the occasion with many completed tasks and donations. I will highlight these at our November meeting: ***"A look back to spring forward."***

As you know, the General Federation of Women's Clubs (GFWC) has identified seven Community Service Programs (CSP's). We have six CSP's because we put Domestic & Sexual Violence under Civic Engagement. Our Community Service Programs are: 1) Advocates for Children, 2) Arts and Culture, 3) Civic Engagement and Outreach, 4) Education and Libraries, 5) Environment, and 6) Health and Wellness. CSP's are the programs that members participate in with projects to serve our community. It's the key philanthropic part of our club. Not all CSP's must raise money. Many activities can be to simply raise awareness for our members and the community. Membership matters, so as you fill out your 2024 membership form, think about stepping out and up to be one of our CSP chairs for 2024.

Don't think you are a leader? Eleanor Roosevelt once said, ***"EVERYONE IS A LEADER EVERY DAY. A good leader inspires people to have confidence in the leader. A great leader inspires people to have confidence in themselves."*** – Eleanor Roosevelt, author, politician, and diplomat.

Again, I want to express my sincere gratitude to each of you for your service and dedication this past year. Cheers to many more years as a Laguna Niguel Woman's Club member!

2023

BE THE
LIGHT



2023 Elected Officers:

President
Rosemarie Fernandez

Dean
Jeryllyn Chuman

Ways and Means
Dana Burding and
Sherri Sales

Membership
Diane Groh

Secretary
Barbara Eisenman

Treasurer
Mary Wright

Parliamentarian
Carolyn Lehmann

Editor
Janet Riordan

NOVEMBER-DECEMBER CALENDAR OF ACTIVITIES & BIRTHDAYS

November 2—	Women’s History Group 2PM/Bonnie Schulkin
November 4—	Culinary Adventures
November 4—	Laguna Niguel Library Holiday Book Sale & Jumble Sale Library needs bags with handles—drop off at LN Library Book Store
November 4—	Mission Hospital/Support for Behavioral Health Patients Drop Off/A. Mudry
November 5—	Daylight Savings Time-Fall Back
November 6—	Knitting for Veterans 2PM/Elaine Davis
November 8—	Maryann Pelensky’s Birthday
November 9 —	**GENERAL MEETING** 3:00—Social Time 3:30 –IN PERSON Meeting
November 10—	Kathy Beaufort’s Birthday
November 10—	Kathy Khalifa’s Birthday
November 11—	Veteran’s Day
November 14—	Alice Barr’s Birthday
November 14—	Out To Lunch Bunch-11:30/Jane Hamel-BJ’s Restaurant
November 15—	Grace Lamishaw’s Birthday
November 16—	Girls Night Out—Dana Kai 5:PM/Joy Andre
November 17—	Bunco/Kathy Beaufort
November 18—	Sharon Kosco’s Birthday
November 21—	Nancy Shurtleff’s Birthday
November 23—	HAPPY THANKSGIVING
November 30—	Coastal Walking Group/Diane Groh
December 7—	Hanukkah Begins
December 15—	Susan Aaronson’s Birthday
December 19-	Liz Avila’s Birthday
December 19—	Carolyn Lehmann’s Birthday
December 20—	Carol Merker’s Birthday
December 21—	Winter Solstice
December 21—	Girls Night Out-Gullivers’ 5:PM/Joy Andre
December 24—	Sherry Astrella’s Birthday
December 25—	MERRY CHRISTMAS
December 28—	Becky Frey’s Birthday
December 31—	HAPPY NEW YEAR



FUTURE EVENTS:

NO GENERAL MEETNG in December

January 11—GENERAL MEETING

January 13—Orange District Meeting-El Adobe Restaurant/Rosemarie

January 20, (tentative) 2024 – Winter Party



When: General Meetings are held the 2nd Thursday of the month (no meetings in July, August and December).
Where: Crown Valley Community Center., 29751 Crown Valley Parkway, Laguna Niguel, CA 92677
Directions: Crown Valley Parkway between La Paz Road and Niguel Road, behind the soccer field and community pool.
****MEETINGS ARE OPEN TO ALL WHO ARE INTERESTED. THERE IS NO RESIDENCY REQUIREMENT.**

November 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 <i>Woman's History Group</i>	3	4 <i>Culinary Adventures LN Library Holiday Book Sale Mission Hospital</i>
5 	6 <i>Knitting for Veterans 2PM</i>	7	8 <i>Maryann Pelensky's B'day</i>	9 GENERAL MEETING 3:PM	10 <i>Kathy Beaufort and Kathy Khalifa's B'days</i>	
12	13	14 <i>Alice Barr's B'day</i> <i>Out to Lunch Bunch 11:30</i>	15 <i>Grace Lamishaw's B'day</i> <i>Out to the Movies</i>	16 <i>Girls Night Out— Dana Kai 5PM</i>	17	18 <i>Sharon Kosco's B'day</i>
19	20	21 <i>Nancy Shurtleff's B'day</i>	22	23 	24	25
26	27	28	29	30 <i>Coastal Walking Group</i>		



December 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7 	8	9
10	11	12	13	14	15 Susan Aaronson's B'day	16
17	18	19 Liz Avila and Carolyn Lehmann's B'day	20 Carol Merker 's B'day	21 Girls Night Out-Gullivers' 	22	23
24 Sherry Astrella's B'day	25 	26	27	28 Becky Frey's B'day	29	30
31 						

October Meeting Notes:



Nancy Goldman introduced our speaker: James Vergara Cortes, Sustainability Specialist C R & R



Rosemarie thanked new member Kathleen Reedy, a 20 year Navy Commander Veteran, for her service ahead of the upcoming Veterans Day .



2023 President Rosemarie Fernandez, 2023 Dean Jerilyn Chuman and proposed 2024 President Theresa Mays attended the recent General Federation meeting.



**A WARM WELCOME
TO OUR NEWEST MEMBER:
Susan Aaronson**



SCHOLARSHIP:



Wow!! All the creative hard work paid off when all the centerpiece pumpkins were sold and \$1,722 was added to the scholarship fund.





ARTS and CULTURE:

ARTS AND CULTURE— Kathy Khalifa

September 30th was a banner day for the Arts and Culture Department and the Club as a whole! We joined numerous chapters around the country and the world on the National Day of Service for General Federation of Women's Clubs. This fundraiser will benefit disaster victims in Maui with our donation of over \$2100 to World Central Kitchen. Countless numbers of individuals and families will be fed by Jose Andres' organization which emphasizes feeding people in dire need. The special touch given by World Central Kitchen is the focus on preparing food familiar to the people in that region, comfort food from recipes of local chefs.



My idea of cooking Egyptian koshiary as the meal was well-received by the committee and the club, and the easy to assemble dish of rice, lentils, macaroni, cumin scented tomato sauce, garbanzos and French fried onions was not only very reasonable but also vegetarian/vegan. As club volunteers prepared the food at home, no catering fees or other costs were incurred by the club, insuring all the money goes to World Central Kitchen.

As noted at the October meeting, huge thanks go out to all of the Arts committee members and others who baked, prepared food for the koshiary, brought flowers, set up and helped take down. All of your ideas were most welcome and aided to the success of the event. Thanks to all who gave, brought friends and made the day so much fun. Those who donated raffle gifts and silent auction items are appreciated.. I'm sure World Central Kitchen will be most grateful!

As the holidays come up fast, want to let you know that I will perform in two concerts at Laguna Niguel Presbyterian Church, 30071 Ivy Glenn in Laguna Niguel on Saturday, Dec. 9 at 7 PM, followed by a cookie reception, and Sunday, December 10 at 4 PM. I've been a member of the choir for 15 years, and we begin rehearsals for these concerts in September! The program consists of holiday carols with a twist, pieces by Rossini, and a finale Hallelujah Chorus. Donation to attend is \$25 and can be arranged through the church office, 949-249-1218, or let me know and I can purchase the number you need. Barbara Eisenman sang with the group several years ago and can tell more about us and the orchestra that accompanies.

Another opportunity exists to assist the American Red Cross for Maui with a concert called Music for Maui, which will feature local musicians and singers in a 2 hour concert at Soka University. The date for this performance is February 4, 2024 from 3-5 PM, a Sunday. Soka should have some info on its website regarding tickets and who will be in the program. I am available to answer questions.



**American
Red Cross**

HEALTH and WELLNESS:

HEALTH AND WELLNESS— Karin Davies

On November 4th between 9-11, items being collected to support behavioral health patients and health care workers at Mission Hospital can be dropped off at the home of Ann Mudry. A list of items needed is available in the October newsletter or checks are of course welcome, made out to LNWC, specifying monies are to be used toward this project



We will continue to collect clean 6 & 12 egg cartons to help support the work SCO is doing. Bring them to the meeting —



LEARN TO KNIT—KEEP OUR VETERANS WARM

Help our Stitching for Charity Group, knit scarves for our country's Veterans. Club member Mary Ann Lyman, an experienced knitting teacher, will start us at the very beginning level and assist those with more skills.

In October we learned to cast on and mastered the knit stitch. Mary Ann will help those who weren't here in October. In November we will review casting on and learn the purl stitch.

Join us on Monday, November 6, 2023 at 2 PM at the home of Elaine Davis



WOMEN OF THE MONTH:

Our Woman of the Month is a native Californian and grew up close to Modesto near the area where her mother was also raised. Her father, a World War II veteran, and mother settled in Gustine, where she could walk to Elementary school and attend High School. There she enjoyed Student Council and Spanish Club and was one of 70 graduates. She went on to the College of Holy Name, in Oakland CA, where she received a Liberal Arts Degree. After graduating in May of 1967, she married Jim, who she has been happily married to for 55 years. In 1970, while working at the Boise Cascade Paper Co., as an Executive Secretary, she became pregnant. She was let go and sadly could not get unemployment benefits. Three years after Kimberly was born, her daughter Jill arrived soon after she got to the hospital in Santa Fe.

In 1976 her husband, Jim, was transferred by Penny's to southern CA. where they bought a home in Mission Viejo. There her girls went to school and she stayed home until she got a part time secretarial job in Tustin. In 1995 our WOTM started her own bookkeeping business where she happily counseled small business owners with her expertise. She retired after 30 years of running her own company and was able to help Jim make major improvements to their Mission Viejo home.

Family means everything to our WOTM and she takes great pleasure spending time with her husband, daughters and grandchildren. They get together regularly nearby or at their mountain cabin in Los Padres National Park. She and Jim enjoy cruises and have traveled to Alaska, Canada, Costa Rica, Aruba, Hawaii and the Panama Canal. They have also enjoyed several excursions to our National Parks in CA, AZ and Utah.

Many years have been devoted to her Reading and Knitting Groups. She shares her love for knitting by often making blankets for Mission Hospital or hats for Military men and women. She is proud to be a member of the Laguna Niguel Women's Club and to have taken part in our Saddleback Scholarship Committee and our monthly luncheons. Fiction is her favorite genre and she especially liked The Nightingale, The Exiles and The Bourne Identity. Her most memorable movie is Dirty Dancing , as that's the one she and her teenage age daughters would put on, and dance along with Patrick Swayze. The person she most admires is her passionate Girl Scout leader, Betty Miller. She remained in touch with her throughout Miller's life. One thing people will be surprised to learn about our WOTM is that back in 1970, when she was pregnant for the first time, was fired, and denied unemployment, she joined a class action suit against the state of CA. The suit prevailed and CA women were given the benefits they applied for.



Our WOTM is Mary Ann Lyman.

MEMBERSHIP:



Happy Birthday
NOVEMBER:

Maryann Pelensky—8th
Kathy Beaufort—10th
Kathy khalifa—10th
Alice Barr—14th
Grace Lamishaw—15th
Sharon Kosco—18th
Nancy Shurtleff—21st

Happy Birthday
DECEMBER:

Susan Aaronson—15th
Liz Avila—19th
Carolyn Lehmann—19th
Carol Merker—20th
Sherry Astrella—24th
Becky Frey—28th



Happy October birthday to:
Linda Paternie
Sherri Sales
Joanne Fisher

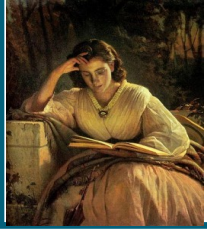


The LN Historical Society is looking for women (and men) who spent some or all of their careers working at

the Ziggurat. They hope to have a public discussion regarding the pros and cons of working in that building in an effort to preserve all or part of it. Please contact Bonnie if you can contribute to this discussion.



ACTIVITIES:



WOMEN'S HISTORY GROUP— Bonnie Schulkin

The next meeting of the Woman's History Group will be on Thursday, November 2, at 2 p.m. IT WILL DEFINITELY BE AT BONNIE SCHULKIN'S HOME. The topic will be Dianne Feinstein. Kindly bring treats and Bonnie will provide soft drinks.

The next meeting of the **Holocaust** Series will be on Tuesday, November 14th at 2 p.m. at Carl and Bonnie's home. Carl will be showing a documentary that explains the flight of the Polish Jews followed by a discussion. Please RSVP so they know how many chairs to set up.

OUT TO LUNCH BUNCH—Jane Hamel

The Out to Lunch Bunch in November will be at -

B.J.'S RESTAURANT

When: Tuesday, November 14 at 11:30 AM

Address: 24032 El Toro Road, Laguna Hills



BUNCO—Kathy Beaufort/Kerri Harris

We meet once a month on the third Friday at 1:00pm for snacks, drinks, fellowship, and several rounds of Bunco.

If you would like to join us as a regular or a sub, contact co-chairs, Kathy Beaufort or Kerri Harris.

MEXICAN TRAIN—Joanne Fisher

This group meets at Joanne Fisher's home at 6PM on the 4th Wednesday of the month. Contact Joanne if you would like to join as a regular or substitute



OUT TO THE MOVIES— Marilyn Teitelbaum

This group meets on the third Wednesday of the month at the Regency Theatres Directors Cut Cinema— 25471 Rancho Niguel Road, Laguna Niguel

COASTAL WALKING GROUP—Diane Groh

Walks are the last Thursday of each month. If you are interested and not yet signed up, please let Diane know so you can be added to the email list for future walks.



ACTIVITIES:

Girls' Night Out—Joy Andre

Girls' Night Out -

Thursday, November 16th 5:00 PM

Dana Kai

24050 Camino Del Avion, Dana Point



Girls' Night Out -

Thursday, December 21st 5:00 PM

Gullivers'

18482 MacArthur Boulevard, Irvine

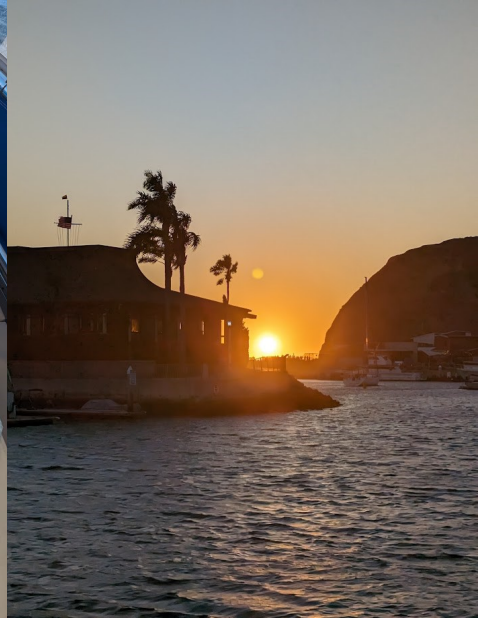
RESERVE THE DATES EARLY Please RSVP to Joy Andre



EUREKA! it was!! The Out To Lunch Bunch stepped it up to a Happy Hour at Eureka! In Aliso Viejo.



ACTIVITIES:



The Dana Point Harbor sunset cruise fundraiser was a huge success!! The weather cooperated and gave everyone a warm day with a beautiful sunset. The food was delicious and the company outstanding. Thank you Dana Burding and your committee for all your hard work. All proceeds will be added to our Scholarship Fund.





MEMBER ADVERTISING

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Elaine Gennawey

*Immediate Past Chair
Executive Committee*

eg@gennawey.org

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Laguna Niguel Woman's Club

2024 Membership Form



(Please print clearly)

Name: _____ Spouse's First Name: _____

Address: _____ City _____ Zip _____

Home Phone: _____ Cell Phone: _____

Email: _____ Birthday (month and day) _____

Date: _____ Member Since: _____

MEMBERSHIP TYPE

- _____ **ACTIVE (\$60):** Active members attend meetings, sign up for a Community Service Program (CSP) and participate in club fundraisers and service projects.
- _____ **PATRON (\$100):** For members unable to commit their time, but want to support the club and participate in activities of their choosing. Patrons may not hold office or have voting privileges.
- _____ **LIFETIME: (\$0)** Members who have been in the club for 40 years become lifetime members and pay no dues. They may participate in all club activities and have voting privileges.

Please see descriptions on page 2

<p>Choose your Program (CSP) Required for Active Members</p> <p>_____ Advocates for Children</p> <p>_____ Arts and Culture</p> <p>_____ Civic Engagement and Outreach</p> <p>_____ Education and Libraries</p> <p>_____ Environment</p> <p>_____ Health and Wellness</p>	<p>Special Positions Optional for Active Members</p> <p>_____ Newsletter Editor</p> <p>_____ Publicity</p> <p>_____ Social Media Editor</p> <p>_____ Sunshine</p> <p>_____ Website Administrator</p> <p>_____ Woman of the Month</p>	<p>Special Committees Optional for Active Members</p> <p>_____ Fundraising</p> <p>_____ Hospitality</p> <p>_____ Membership</p> <p>_____ Sea Country Festival</p> <p>_____ Summer Party</p> <p>_____ Winter Party</p>
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Social Activities
In addition to our philanthropic activities, we have many social opportunities for all members. Please indicate your areas of interest.

_____ Bunco _____ Regular or _____ Sub

_____ Coastal Walking Group

_____ Culinary Adventures

_____ Gadabouts

_____ Girls' Night Out

_____ Gourmet Evening with Friends

_____ Mexican Train _____ Regular or _____ Sub

_____ Out to Lunch Bunch

_____ Out to Movies Group

_____ Pokeno _____ Regular or _____ Sub

_____ Stitching 4 Charities

_____ Women's History Group

I would like to be In charge of the following group:

DUES:
Dues are paid annually. Renewing members, please submit your form by **November 30**.

Membership Dues: \$ _____

Scholarship Fund (Optional): \$ _____

Total Amount Enclosed: \$ _____

Please make checks payable to LNWC and mail to:

Laguna Niguel Woman's Club
P.O. Box 7112
Laguna Niguel, CA 92607-7112

For new members, how did you find out about our club?

EXPLANATION OF CLUB POSITIONS AND ACTIVITIES

COMMUNITY SERVICE PROGRAMS:



Advocates for Children: Supports any effort to make sure that children are supported, protected and given the loving care they deserve. This can be both domestic and international.



Arts and Culture: Promotes appreciation of all art forms including poetry, painting, dance, architecture, sculpture and photography. This program also encourages understanding of the rich cultural diversity in our community.



Civic Engagement and Outreach: Highlights and encourages citizenship, crime prevention, safety and disaster preparedness. This program also promotes the education and awareness of domestic and sexual violence in the community and supports the efforts of our first responders, our military and veterans.



Education and Libraries: Supports education and literacy in the community. Provides scholarships for students and supports local schools and libraries in the area.



Environment: Encourages members and the greater community to become stewards of the earth by working to preserve the world's resources, protect wildlife and domesticated animals, live sustainably, beautify our community and enjoy nature.



Health and Wellness: Creates awareness and advancement of the key components of our well being including nutrition, disease prevention, physical and emotional care.

SPECIAL POSITIONS:

Newsletter Editor: Compiles and emails the monthly newsletter. This is a fun job, but must be computer literate.

Publicity: Advertises and promotes club events that include general meetings, CSP events and fundraisers.

Social Media Editor: Maintains the Facebook page and creates posts that promote the club and it's activities.

Sunshine: On behalf of the club, sends cards to members to celebrate birthday or express concerns or condolences. Also organizes meal deliveries and rides for members in need.

Website Administrator: Maintains and keeps current our website.

Woman of the Month: Interviews a club member, reads the interview at the monthly meetings so members can guess who it is, and then submits the interview as an article for the newsletter.

SPECIAL COMMITTEES:

Fundraising Committee: Assists the 2nd VP (Ways and Means) with planning ways to raise money for our Club Funds, Philanthropy Funds and Scholarship Funds.

Hospitality Committee: Provides set up and clean up for the monthly general meetings.

Membership Committee: Assists the 3rd VP (Membership) with recruiting and welcoming new members.

Sea Country Festival Committee: Planning committee for our booth at the Sea Country Festival.

Summer Party Committee: Committee members plan the annual Summer Party.

Winter Party Committee: Committee members plan the annual Winter Party

SOCIAL ACTIVITIES:

Bunco: Members meet once a month to play a social, group dice game.

Coastal Walking Group: Members enjoy leisurely hikes at local recreation sites.

Culinary Adventures: For members only who know how and enjoy cooking. Members rotate being hostess, plan a menu, and distribute recipes to the remaining members in the group. Meets 6 times a year.

Gadabouts: Members enjoy a variety of trips to historical or natural sites of interest, monthly.

Girls' Night Out: Members enjoy dinner out, each month, at an upscale restaurant.

Gourmet Evening with Friends: For members and their spouse, partner or guest. Members take turns as hostess, planning the menu, sending out recipes to participants and meeting to enjoy a delicious and fun meal.

Mexican Train: Members meet on the 4th Wednesday evening of each month to play a fun game using dominoes.

Out to Lunch Bunch: Meets monthly at local area restaurants for lunch with friends. Varied days/dates.

Out to Movies Group: Members meet once a month to see a film and enjoy appetizers afterwards.

Pokeno: An easy to learn game for 8 people using a card similar to bingo that follows poker rules.

Stitching 4 Charities: Members meet to sew, knit or crochet items for charities here and abroad.

Women's History Group: Members meet monthly to discuss important/interesting women in history.