



THE ANCHOR CHAIN NEWSLETTER

LAGUNA NIGUEL WOMAN'S CLUB - FEDERATED



PRESIDENT'S MESSAGE

February 2024

**It is February and love is in the air!
Happy Valentine's Day everyone!**

Our recent Winter Party was a big hit with everyone who attended. Our entertainer, Tony Odell Rogers, had us singing, dancing, smiling and laughing. I heard several comments that this was the best Winter Party we have ever had. Without a party chair this great party would not have happened. It is not too early to start planning our Summer Party. We have 11 on the party committee but need a chair in order to make it happen. I hope one of you will step up and lead.



Advocates for Children CSP arranged for Hidden Hills Elementary School Principal Sandra Godbout to be our guest speaker at this month's General Meeting on February 8. She will talk to us about the make-up of the student population and what their needs are. First Vice President Rosemarie Fernandez will conduct this meeting while I am in Alabama to take my mom for a heart ablation.

This leads me to remind you all that February is Heart Healthy Month. Let's all be mindful of heart-healthy actions such as adding more activity in our day and eating healthy foods.

Our Club was host for the Orange District Council meeting in January. Over 100 members attended, including 24 of our members. Thank you to all our members who helped and attended. The next Council Meeting will be March 8 in Anaheim hosted by Ebell Club of Canyon Hills.

Welcome to all our new members! We are so happy to have you and welcome your contributions.



SHARE THE
JOY OF
HELPING
OTHERS

2024 Elected Officers:

President

Theresa Mays

Dean

Rosemarie Fernandez

Ways and Means

Sherri Sales &
Cynde Lee

Membership

Diane Groh &
Kathleen Reedy

Secretary

Karin Davies

Treasurer

Mary Wright

Parliamentarian

Carolyn Lehmann

Editor

Janet Riordan



FEBRUARY CALENDAR OF ACTIVITIES & BIRTHDAYS

January 30— HAPPY HOUR—Webb's/Jane Hamel

February 1— Barbara Boyajian's Birthday

February 2— **Groundhog Day**

February 1— **Women's History Group 2:00 pm-Rosalynn Carter/Bonnie Schulkin**

February 4— Eve Page's Birthday

February 5— **Stitching 4 Charity 2:00 pm/Elaine Davis**

February 8 —GENERAL MEETING****

3:00 pm—Social Time

3:30 pm IN PERSON Meeting-Sandra Godbout, Hidden Hills Elementary

February 12— **Book Club 1:00 pm/Diane Groh**

February 12— **Lincoln's Birthday**

February 13— Denise Kuhn's Birthday

February 13— **Mardi Gras Carnival**

February 14— **Valentine's Day**

February 15— Pat Lestz's Birthday

February 16— **Bunco/Kerri Harris & Kathy Beaufort**

February 19— **PRESIDENT'S DAY**

February 22— Valerie Mantecon's Birthday

February 22— **Girls Night Out-Brio's Tuscany Grille/Joy Andre**

February 27— Karen Mosbacher's Birthday

February 27— Michele Leonhart's Birthday

February 28— **Mexican Train/Joanne Fisher**

FUTURE EVENTS:

February 8—GENERAL MEETING

March 28—Girls Night Out-Muldoon's Irish Pub/Joy Andre

April — 9th Annual Student Art Contest

April 25—Girls Night Out-Javier's Crystal Cove/Joy Andre



When: General Meetings are held the 2nd Thursday of the month (no meetings in July, August and December).
Where: Crown Valley Community Center., 29751 Crown Valley Parkway, Laguna Niguel, CA 92677
Directions: Crown Valley Parkway between La Paz Road and Niguel Road, behind the soccer field and community pool.
****MEETINGS ARE OPEN TO ALL WHO ARE INTERESTED. THERE IS NO RESIDENCY REQUIREMENT.**

February 2024



Sun Mon Tue Wed Thu Fri Sat

		<p>JANUARY 30th</p> <p>HAPPY HOUR 4:00 pm-6:00 pm Webb's Grainworks</p>		<p>1 Women's History Group 2:00 pm Barbara Boyajian's B'day</p>	<p>2  Groundhog DAY</p>	3
4 Eve Page's B'day	5 Stitching 4 Charity 2:00 pm	6	7	8 GENERAL MEETING 3:00 pm	9	10
11	12 Book Club 1:00 pm 	13 Denise Kuhn's B'day 	14 <i>Happy Valentine's Day</i> 	15 Pat Lestz's B'day	16 BUNCO	17
18	19  Happy PRESIDENT'S DAY	20	21	22 Girls Night Out Brio's, Dana Point Valerie Mantecon's B'day	23	24
25	26	27 Karen Mosbacher & Michele Leonhart's B'days	28 Mexican Train	29		

Meeting Notes:



Karin Davies introduced Jeff Van Vleck, Mental Health Work, Mission Hospital & Wellness, Providence Mission Hospital, Laguna Beach who thanked LNWC for the recent donation of clothing, books and art items for those in need at his facility.

Welcome to our newest members:
Kathleen Reedy, Co-Chair of Membership introduced;

Dot Hammer
Susan Imbriale
Elba Meays
Barbara Richards
Julie Sakici
Nancy Turner

Welcome



Meeting Notes:



The 2024 Community Service Program and Special Committee Chairs:

Jerilynn Chuman—Co-Chair Education and Libraries

Dana Burding—Co-Chair Education and Libraries

Stephanie Oddo—Chair Advocates for Children

Rosemarie Fernandez—Co-Chair Arts and Culture

Barbara Eisaman—Co-Chair Arts and Culture

Missing:

Nancy Shurtleff—Chair Civic Engagement and Outreach

Nancy Goldman—Chair Environment

Deborah Biggs—Co-Chair Health and Wellness

Ann Mudry—Co-Chair Health and Wellness

Sherry Sales—Co-Chair Ways and Means Committee



Theresa Mays welcomed the women of the California Federation of Women's Clubs, Orange District at their meeting at the El Adobe Restaurant in San Juan Capistrano. The Laguna Niguel Woman's Club hosted this event.



24 of our members attended this event to see how things are done at the District level. Thank you to everyone who helped make this a successful event.



WOMEN OF THE MONTH:

Our January 2024 WOTM was born in Philadelphia, PA, attended Junior College, worked as a dental assistant, and got a BA in Social Work at the University of Pittsburgh. She worked as a Psychiatric Social Worker at Albert Einstein Medical Center. There, a lawsuit she was involved in resulted in her belief that the Department of Psychiatry should be able to hire their own Social Workers independent of the Department of Social Work. After a car accident she worked for People Acting to Help, a Mental Health Center, where she met her future husband whom she has been married to for 30 years. They were married at a destination wedding in Jamaica, bought their first home a year later and adopted their son in 1995. He is a Lacrosse coach and has attended school where he lives in San Diego.

Social work was her career for 25 years and making a presentation at a Philadelphia Conference for the city was a career highlight. Our WOTM went on to be a Special Needs Teaching Assistant for the Pleasanton CA Unified School District for 15 years. This versatile lady worked as a Pottery Barn Sales Associate in 3 CA cities for 12 years and garnered a Catch the Spirit Award.

As a child she studied ballet, tap and jazz. These skills were evident when as a teenager she was chosen to be a professional cheerleader for the Philadelphia Eagles. She enjoys being active today; especially walking her Scottish Terrier, Lucy. Her musical taste ranges from Pop, Jazz, Rock, and Reggae to Classical. She helps to plan our monthly luncheons, as well as our Summer and Winter parties. She participates in our Happy Hours, the Women's History Group, the Advocacy for Children Committee, and the new Book Club. Besides Jamaica, her love for travel has taken her to Aruba, New Orleans, North Carolina, Myrtle Beach, South Carolina, Kentucky, and Virginia. But her all-time favorite place is Laguna Niguel.



Her favorite musical is West Side Story, and the original Color Purple is the one she prefers. She favors blue and purple and although she is allergic to flowers, she does like the Anastasia Lily. Misty Copland, the first African American to become the principal dancer at the American Ballet in NY, is the woman she most admires. Something you might not guess about her is she would have liked to be a Cultural Anthropologist. "It's not a problem, it's just a situation", is a favorite saying. Another one is, "No matter how talented, rich, or cool you believe you are; how you treat people ultimately tells all. Integrity is everything."

Our WOTM is Susan Mills

MEMBERSHIP:



Happy Birthday February

Barbara Boyajian-1st

Eve Page-4th

Denise Kuhns-13th

Pat Lestz-15th

Valerie Mantecon-22nd

Karen Mosbacher-27th

Michele Leonhart-27th



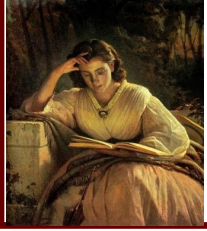
Happy January Birthdays:

Dana Burding, Janet Riordan, Arlene Smethurst and Theresa Mays

THANK YOU to everyone who helped to make our recent "A Little Winter Sparkle" event at El Niguel Country Club such a success!! (Unfortunately not all of the 17 committee members made it in this photo-you know who you are, thank you).



ACTIVITIES:



WOMEN'S HISTORY GROUP— Bonnie Schulkin

The next meeting of the Woman's History Group will be on Thursday, February 1st at 2:00 pm at Bonnie Schulkin's home. The topic for discussion will be former First Lady Rosalynn Carter. Kindly bring treats and Bonnie will provide water and soft drinks.

HOLOCAUST DISCUSSION GROUP— Dr. Carl Schulkin

The next meeting of the Holocaust Discussion Group will be on Tuesday, February 13th at 2:00 pm at Carl and Bonnie Schulkin's home. We will discuss the Holocaust exhibition at the Ronald Reagan Museum and then finish viewing the film "The Pianist".

Please RSVP as seating will be limited to 16 ladies.

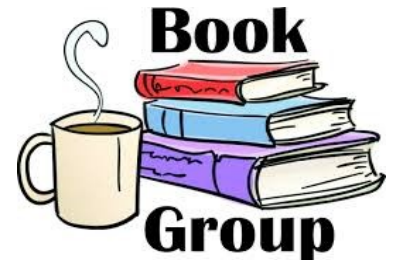


OUT TO LUNCH BUNCH—Jane Hamel

The Out to Lunch Bunch will kick off the New Year with a HAPPY HOUR on **January 30th**, at **Webb's Grainworks**, 7 Journey, Aliso Viejo. They will meet at 4:00 pm- 6:00 pm. No sign up necessary, just come on down and join them.

BOOK GROUP—Diane Groh

They will meet on the 2nd Monday of each month at 1:00 pm. The revolving location will be emailed to each member, each month. For February they will be reading *Lady Tan's Circle of Women* by Lisa See. For March they will be reading *The Heaven and Earth Grocery Store* by James McBride. For additional information please contact Diane Groh.



BUNCO—Kathy Beaufort/Kerri Harris

We meet once a month on the third Friday at 1:00 pm for snacks, drinks, fellowship, and several rounds of Bunco.

If you would like to join us as a regular or a sub, contact co-chairs; Kathy Beaufort or Kerri Harris.

MEXICAN TRAIN—Joanne Fisher

This group meets at Joanne Fisher's home at 6:00 pm on the 4th Wednesday of the month. Contact Joanne if you would like to join as a regular or substitute



ACTIVITIES:

Girls' Night Out—Joy Andre

Girls' Night Out -

Thursday, February 22nd

Brio Tuscany Grille

24050 Camino Del Avion, Dana Point



Girls' Night Out -

Thursday, March 28th

Muldoon's Irish Pub

202 Newport Center Dr. Newport Beach



RESERVE THE DATES EARLY

Please RSVP to Joy Andre



COASTAL WALKING GROUP—Diane Groh

Walks are the last Thursday of each month. If you are interested and not yet signed up, please let Diane know so you can be added to the email list for future walks.



OUT TO THE MOVIES

This group meets on the third Wednesday of the month at the Regency Theatres Directors Cut Cinema— 25471 Rancho Niguel Road, Laguna Niguel



ACTIVITIES:





MEMBER AD FORM

Every year we ask members if they would like to renew their existing ad for the newsletter or place a different ad. But also, placing an ad is open to anyone who is a member and can include an ad for a family member. This ad will be in our newsletter throughout the year and will also be on our website. It's only \$40 for the whole year. That's a bargain! And it helps support the club. If you have any questions, contact Janet Riordan who does our newsletter.

I would like to renew my current ad. Please indicate any changes below.

I would like to place a new ad. Attach your business card or give a brief description below.

Please send this form and your check for \$40 made payable to LNWC to:

Laguna Niguel Woman's Club

PO Box 7112

Laguna Niguel, CA 92607-7112

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