



THE ANCHOR CHAIN NEWSLETTER

LAGUNA NIGUEL WOMAN'S CLUB - FEDERATED



PRESIDENT'S MESSAGE

APRIL 2024

Wonderful Spring is here! Spring is defined as a time or season of growth or development. Our club is growing. We have welcomed 24 new members to our club since the beginning of 2023. Spring can be a time of individual renewal. More sunshine and longer days seem to give us more energy. With all the projects our club has planned we will need that extra energy!

April is a busy month for our club. Please note the following on your calendars:

At our April 11th general meeting Patty Barnett Mouton, Vice President of Outreach & Advocacy for Alzheimer's Orange County, will be our guest speaker.

The following day, April 12, we will head to Long Beach in our Mardi Gras attire for the Orange District Convention where we hope to be the first club to win the new Spirit Award.

On April 18 the Out to Lunch Bunch has reserved Ricardo's Place in San Juan Capistrano. Please attend and spend "Big". 20% of what we spend will go to support CREER, a focus of Advocates for Children.

On April 27 our Annual Art Contest for local high school students will be held at 3:00 p.m. at Laguna Niguel Presbyterian Church. We would like as many members as possible to be in attendance to recognize these young artists for their talents.

In between all these activities please invite your friends and family to attend our "Springtime Tea Time" on May 18 at Sea Country Senior and Community Center Grand Ballroom. This is our biggest fundraiser planned this year and promises to be a beautiful and tasty event. Space is limited so get tickets for you and your guests early. Cost is \$50.



SHARE THE
JOY OF
HELPING
OTHERS

2024 Elected Officers:

President

Theresa Mays

Dean

Rosemarie Fernandez

Ways and Means

Sherri Sales &
Cynde Lee

Membership

Diane Groh &
Kathleen Reedy

Secretary

Karin Davies

Treasurer

Mary Wright

Parliamentarian

Carolyn Lehmann

Editor

Janet Riordan



APRIL CALENDAR OF ACTIVITIES & BIRTHDAYS

- April 1— Wendee Streeter's Birthday
April 1— **Stitching For Charity 2:00 pm/Elaine Davis**
April 1— *April Fool's Day*
April 2— **Women's History Group—NO MEETING IN APRIL**
April 6— Marcia Reid's Birthday
April 8— **Book Club 1:00 pm/Diane Groh**
April 9— *Military Support Fundraiser, 20% at California Pizza Kitchen*
April 11— **GENERAL MEETING**
 3:00 pm—Social Time
 3:30 pm—Meeting/Speaker-Outreach & Advocacy for Alzheimer's
April 11— Mimi Griffin's Birthday
April 12— Orange District Convention in Long Beach
April 13— Peggy Schwartz's Birthday
April 17— **Out to the Movies/Barbara Boyajian**
April 18— Out to Lunch Bunch-Ricardo's/Jane Hamel
April 19— **Bunco/Kerri Harris & Kathy Beaufort**
April 20— Niguel Botanical Preserve Clean up Event
April 21— Kerry Joho's Birthday
April 22— *Earth Day*
April 23— Susan Imbriale's Birthday
April 24— Elaine Davis & Jenny Pass & Christine Sinatra's Birthdays
April 24— **Mexican Train/Joanne Fisher**
April 25— **Girls' Night Out—Taste of Greece/Joy Andre**
April 25— Walking Group/Diane Groh
April 27— 9th Annual Student Art Contest —“What Does My Community Mean to Me”
April 29— Joy Andre's Birthday

FUTURE EVENTS:



- May 9—GENERAL MEETING**
May 14—Holocaust Group 2:00 pm/Bonnie Schulkin
May 18—SPRINGTIME TEA TIME Fundraiser
June 20—Summer Solstice Sip & Paint Fundraiser
July —Hilbert Museum Trip
August 23-25—Sea Country Festival booth
—Summer Party
—Fall Succulent Pumpkin Sale



When: General Meetings are held the 2nd Thursday of the month (no meetings in July, August and December).
Where: Crown Valley Community Center, 29751 Crown Valley Parkway, Laguna Niguel, CA 92677
Directions: Crown Valley Parkway between La Paz Road and Niguel Road, behind the soccer field and community pool.
****MEETINGS ARE OPEN TO ALL WHO ARE INTERESTED. THERE IS NO RESIDENCY REQUIREMENT.**



APRIL 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	APRIL FOOL'S 1 DAY <i>Stitching for Charities</i> Wendee Streeter's B'day	2	3	4	5	6 Marcia Reid's B'day
7	8 Book Club 1:00 pm	9 Military Support Fundraiser at California Pizza Kitchen-20%	10	GENERAL 11 MEETING 3:00 pm Mimi Griffin's B'day	12 Orange District Convention	13 Peggy Schwartz's B'day
14	15	16	17 Out to the Movies	18 Out to Lunch Bunch—Ricardo's 11:30	19 Bunco	20 Niguel Botanical Preserve Clean Up
21 Kerry Joho's B'day	22 	23 Susan ImBriale's B'day	Mexican Train Elaine Davis, Jenny Pass, Christine Sinatra's B'day's	25 Walking Group Girls Night Out Taste of Greece	26	27 9th Annual Art Contest
28	29 Joy Andre's B'day	30				

LAGUNA NIGUEL WOMAN'S CLUB

SPRINGTIME TEA TIME

Help us celebrate a tea experience with delicious tea cuisine served on tables designed by our talented hostesses. Come for a fun time and laughter with friends.

Vendors and Raffles.

SEA COUNTRY SENIOR &
COMMUNITY CENTER
GRAND BALLROOM
24602 ALISO CREEK ROAD
LAGUNA NIGUEL

DOORS OPEN FOR
SHOPPING: 12:00PM

TEA: 1:00-3:00PM

COST: \$50

SATURDAY, MAY 18TH

*RSVP by May 1st to
secure your place at
this enchanting event.*

Laguna Niguel Woman's Club is a 501(c)(3). All proceeds benefit the Laguna Niguel Woman's Club Philanthropies.



See next page for sign up



**LAGUNA NIGUEL
WOMAN'S CLUB**

**SPRINGTIME
TEA
TIME**

NAME(S): _____

NUMBER ATTENDING: _____

**REQUEST TO BE SEATED
WITH:** _____

**(WE WILL MAKE BEST EFFORTS TO
ACCOMMODATE YOUR REQUEST.)**

**\$50 PER PERSON. MAKE CHECKS PAYABLE TO:
LNWC.**

SEND PAYMENT AND FORM TO:

**LAGUNA NIGUEL WOMAN'S CLUB
PO BOX 7112
LAGUNA NIGUEL, CA 92607-7112**



MEETING NOTES



Susan Aaronson introduced our guest speakers; Angeles Ceballos, Executive Director and Rosario Rowell, Director of Education of CREER, a nonprofit located in San Juan Capistrano. They gave an overview of their organization and their programs. They assist low-income students to help them become self-assured and prepare them for higher education. They have a Summer Program for students to get extra help with writing, reading, math, art and science. A portion of the money we raise at our Spring Time Tea Time event will be donated to their Summer Program. They also have a food pantry to help families that are food insecure.

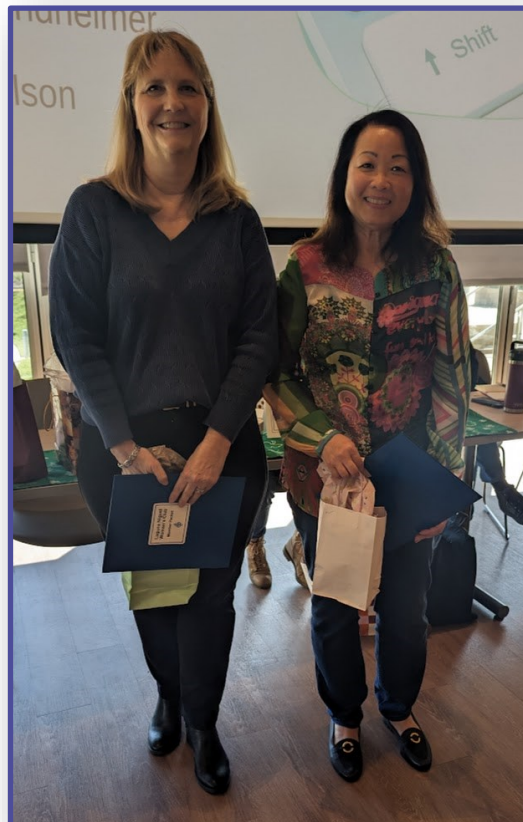
creeroc.org



Welcome to our newest members:

Cathy Eckhart
Melanie Pham

Not in attendance:
Nancy Sundheimer
Sylvia Telson



MILITARY SUPPORT



The LNWC Knitting Group made 48 scarves for homeless veterans who have moved into transitional housing.

These scarves were presented by LNWC President Theresa Mays and LNWC Dean Rosemarie Fernandez to the Military Support Group at the recent Galentine Fashion show. 21 of our members were in attendance.

COMMUNITY SERVICE PROGRAMS

ARTS and CULTURE—Rosemarie Fernandez and Barbara Eisenman

The 9th Annual Art Contest, will be held April 27th at the Laguna Niguel Presbyterian Church, 30071 Ivy Glenn Drive, Laguna Niguel. This year's theme is "What my community means to me". Come out and support our local youth artists and see some awesome works of art. If you are interesting in volunteering please contact Elaine Davis.



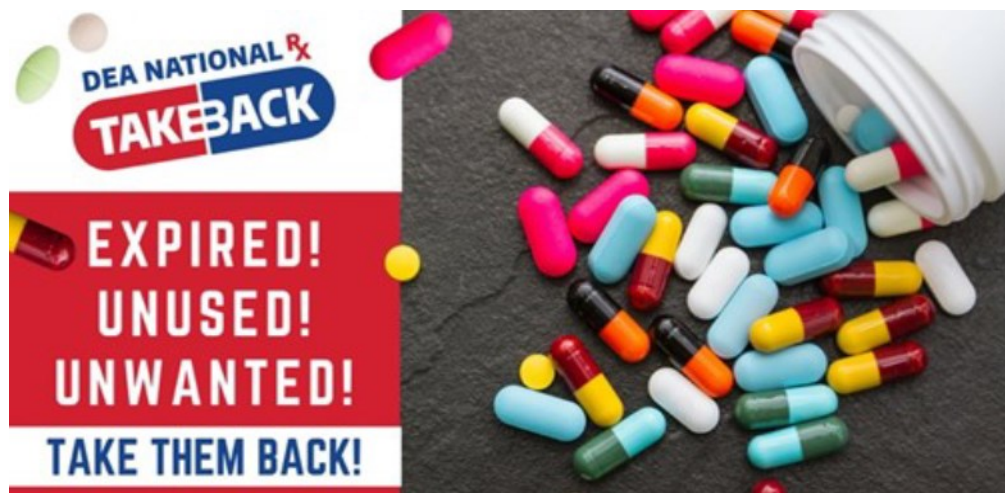
CIVIC ENGAGEMENT AND OUTREACH—Nancy Shurtleff

Peggy Schwartz and Michele Leonhart

PRESCRIPTION DRUG TAKE BACK DAY APRIL 27th

Too often, unused prescription drugs find their way into the wrong hands. That is dangerous and often tragic. We can all help make our families, neighbors, and community safer and healthier by understanding the importance of removing *unnneeded, unwanted, or expired* medications from our home medicine cabinets.

On **Saturday, April 27, 2024**, Laguna Niguel Police Services will once again be participating in DEA's National Prescription Drug Take Back Day as a measure to prevent medication misuse, reduce overdoses and overdose deaths, reduce drug-related violence, and protect the environment. Just collect these medications and bring them to Laguna Niguel City Hall anytime between 10:00 a.m. - 2:00 p.m., where you can drive through and drop them off safely and anonymously. We all can do our part to curb our country's drug epidemic. See you on April 27th!



COMMUNITY SERVICE PROGRAMS

SAFETY TIP—Peggy Schwartz and Michele Lionhart

FALSE FRIENDS: Our tip this month is related to safety from criminals who **start by building a relationship**. They target girls & women for sex trafficking, and also folks of any age for financial scams.

HOW - Unfortunately, these people target individuals who are lonely and have low self-esteem. Individuals might be grieving or are at odds with their family. They ingratiate themselves by offering enthusiastic companionship and high level of compliments.

Be suspicious - if they seek to isolate you from family and friends and want you to keep this relationship a secret. Other things to watch for are controlling, bossy behavior, displaying signs of rage or outbursts of physical abuse. They might challenge you to do things that trigger your moral compass. Sex recruiters may also offer the promise of glamorous, exciting, safe jobs in another city.

Do - discuss your suspicions with a trusted friend or professional. If you sense a family member or friend (young or older) is at risk, approach in a non-judgmental way. If they become defensive or emotional, urge them to discuss with a trusted neutral person.

Next month: Our focus will be strangers and how to protect yourself from being physically abducted by strangers whether for sex trafficking, carjacking, or kidnapping for ransom.

ENVIRONMENT—Nancy Goldman



Members were asked **not** to throw away the plastic pots you get at the nursery when you are buying plants, but to return them to the point of purchase. Green Thumb, Dana Point Nursery, Plant Depot and Armstrong will take them for reuse (even better for the environment than recycling!)

Another way to decrease our waste is to take packing pillows and bubble wrap to local shipping stores and have them reused since I don't think they can be recycled. Three local stores that will reuse these packing materials in new packages are; Postal Annex, Aliso Village Shopping Center, 23986 Aliso Creek Road, Suite A12, Laguna Niguel; OC Mail Store, Town Center, 30100 Town Center Drive, Laguna Niguel and AIM Mail Center, Laguna Niguel Plaza, 30025 Alicia Parkway, Laguna Niguel



A Tree was planted in Michigan in honor of Alice Barr, a member who recently passed away



COMMUNITY SERVICE PROGRAMS

HEALTH & WELLNESS – Deborah Biggs

April 11th is National Pet Day. It is also our General Meeting date. FAM has many clients with pets & they have a current need for dog & cat food. We are asking if members would please bring pet food, or a monetary donation, to the April meeting. Their preference is one serving packages or one serving pull top packaging. Thank you for your support of FAM in March!!



April is Drug Take Back Month. Safe disposal of drugs year-round is possible with many CVS locations now offering a drug take back unit in the pharmacy waiting area. Unneeded or expired medications can be placed in the unit and a full explanation of what is accepted along with other details can be found using this link: <https://www.cvs.com/content/safer-communities-locate>. Consumers may search "medication disposal near me" in Google Maps to locate disposal locations in their community.



A recent meeting was held at Joanne Fisher home to discuss the hostess responsibilities for the upcoming Springtime Tea Time fundraiser.



SPRINGTIME TEA TIME

WOMEN OF THE MONTH

Presented by: Kathleen Lechner

Our Woman of the Month was born in Fort Wayne, Indiana. At the age of seven, she moved with her family to Chula Vista, California and then to Carson, California. Her stepfather was an air-controller at Los Angeles International Airport and her mother was a housewife who cared for her six children who included herself, two sisters and three brothers.

Our Woman of the Month Graduated from Gardena High School where her favorite subjects were Black History and Modern and Jazz Dance. While in high school she also liked being a Nurse's Aide and helping at Gardena Hospital. She also worked in the field of immigration. Her most rewarding and fulfilling work over all has been working with Alzheimer and Dementia patients. She received an award as "Employee of the Month" and a "5-year Award" at Aegis Living in Laguna Niguel. She has a son and a daughter and is most proud of her daughter because she has acquired her A.A., B.A. and master's Degree in psychotherapy.

Our Woman of the Month's hobbies are crocheting and painting. For recreation she likes to go to the movies, out to dinner or to the casino with her mother and friends. To relax at home, she watches movies on television, does word-search puzzles or listens and dances to music. Her taste in music is eclectic. She will also go for a long drive to relax.



Her favorite color is black.

Her favorite TV show is Finding your Roots.

She likes to read biographies and action stories.

The people she admires most are her stepfather and her daughter.

Her favorite saying is: "It is what it is!".

OUR WOMAN OF THE MONTH IS; PAT NORRIS!



MEMBERSHIP



April Birthdays:

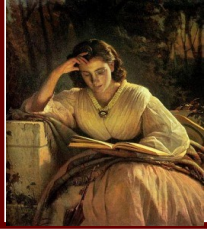
- Wendee Streeter—1st
- Marcia Reid—6th
- Mimi Griffin—11th
- Peggy Schwartz—13th
- Kerry Joho—21st
- Susan Imbriale—23rd
- Elaine Davis—24th
- Jenny Pass—24th
- Christine Sinatra—24th
- Joy Andre—29th



Birthday ladies who attended our March Meeting include:

- Eleanor Halbert
- Stephanie Oddo
- Mary Wright
- Julie Sakici
- Patricia Norris

ACTIVITIES



WOMEN'S HISTORY GROUP— Bonnie Schulkin

The next meeting of the Woman's History Group will be on Thursday, May 2nd at 2:00 pm at Bonnie Schulkin's home.

THE APRIL MEETING HAS BEEN CANCELLED.

HOLOCAUST DISCUSSION GROUP— Dr. Carl Schulkin

The next meeting of the Holocaust Discussion Group will be on Tuesday, May 14th at Carl and Bonnie Schulkin's home. We will be watching the second half of the film ESCAPE FROM SOBIBOR and discussing it.

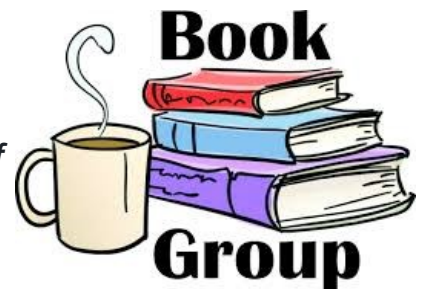


OUT TO LUNCH BUNCH—Jane Hamel

The Out to Lunch Bunch invites you to join them at 11:30 am on Thursday, April 18th at Ricardo's Place, 32082 Camino Capistrano, San Juan Capistrano. Not only will you have a great meal, great conversation and great company, **BUT** Ricardo's will donate 20% of your total bill to CREER (see attached info sheet). Contact Jane Hamel for details.

BOOK CLUB—Diane Groh

They will meet on the 2nd Monday of each month at 1:00 pm. The revolving location will be emailed to each member, each month. For April they will be reading *Astor: The Rise and Fall of an America Fortune* by Anderson Cooper. May's reading will be *Code Name Helene* by Ariel Lawhon. For additional information please contact Diane Groh.



BUNCO—Kathy Beaufort/Kerri Harris

We meet once a month on the third Friday at 1:00 pm for snacks, drinks, fellowship, and several rounds of Bunco. If you would like to join us as a regular or a sub, contact co-chairs: Kathy Beaufort or Kerri Harris.

MEXICAN TRAIN—Joanne Fisher

This group meets at Joanne Fisher's home at 6:00 pm on the 4th Wednesday of the month. Contact Joanne if you would like to join as a regular or substitute.





2024 CREER Comunidad y Familia Fundraiser

Eat at Ricardo's Place Restaurant any time during

**January,
February, March &
April.**

Present this flyer and Ricardo's Place will generously donate 20% of your entire bill to CREER Comunidad y Familia's Summer Programs.

Goal: \$3,000.00

www.creeroc.org



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949.493.4941 / www.ricardosplacesjc.com

Thank you with all our hearts for your continued support!

ACTIVITIES:

Girls' Night Out—Joy Andre

Thursday, April 25th

Taste of Greece

30012 Crown Valley Parkway, Laguna Niguel



Thursday May 23rd

Javier's Restaurant - Crystal Cove

7832 Pacific Coast Highway, Newport Beach



RESERVE THE DATES EARLY



COASTAL WALKING GROUP—Diane Groh

Walks are the last Thursday of each month. If you are interested and not yet signed up, please let Diane know so you can be added to the email list for future walks.



OUT TO THE MOVIES— Barbara Boyajian

This group meets on the third Wednesday of the month at the Regency Theatres Directors Cut Cinema— 25471 Rancho Niguel Road, Laguna Niguel



Full house for Ladies' Night Out at Brio in Laguna Niguel.



Ahhhh, The Luck of the Irish. Tipping their hats with the Out To Lunch Bunch at a recent luncheon at Hennessey's in Dana Point.



MEMBER ADVERTISING

American Legion Auxiliary
Unit 281

Elaine Gennawey

*Chaplain
Vice President,
Fundraising*

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Elaine@Gennawey.org



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